

**GUIDELINES FOR INTERNATIONAL COMPETITIONS**  
**SILVER, RECREATIONAL and BEGINNER Division**  
**2019/2020 Singles**

No test requirements to enter in those divisions

A competitor can compete in only one single category per speciality per event.

A competitor can upgrade 1 category is possible if technical requirements are respected and downgrade from a category any time if the age requirement is respected, with exceptions below,:

- Being on an international championship podium or World Open in the previous category.

Any competitor who has reached in 2019 World Open a total element score (TES) or total score for 2<sup>nd</sup>, 3<sup>rd</sup> or 4<sup>th</sup> div, as below, will have to compete in the upgraded division (or category) in the 2019/20 season.

SILVER		RECREATIONAL		BEGINNERS	
CATEGOR Y	Total score / Element score	CATEGOR Y	Total score / Element score	CATEGOR Y	Total score
Chiks	21/10	Benjamin	19/4,5	Benjamin	12
Cubs	21/10	Debs	19/4,5		
Novice A	23/11	Cadets	22/5,5	Cadets	17
Novice B	28/14	Novice	23/6		
Junior	36/17	Junior	23/7	Junior	17
Senior	34/17	Senior	23/5		
Adults	22/8	Adults	16/4,5	Adults	11

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**I. GENERAL for 2019/20**

SEE on the Elite 2019/20

**Bonus**

No Bonus for 2<sup>nd</sup> to 4<sup>th</sup> division.

Kee date for categories is 01/09.

**II- SILVER Division (2nd Division)**

**NO SHORT PROGRAM**

As much as possible the IJS judging system must be used for the Silver Division but in special case it is possible to ask for the WIFSA agreement to use a lighter judging system in accordance with WIFSA regulations.

Category (birth dates)	Age requirement	FREE PROGRAM
<b>CHICKS (POUSSIN)</b>	Has not reached the age of 9 at 1/09/ preceding the event	Girls and Boys: 1'50'' (+/- 10'')
<b>CUBS (AVENIR)</b>	Has reached the age of 9 , but not reached the age of 11 at 1/09/ preceding the event	Girls and Boys: 2'20'' (+/- 10'')

<b>NOVICE A (Basic)</b>	Has reached the age of 10, but not reached the age of 13 at 1/09/ preceding the event	Girls and Boys: 2'20'' (+/- 10'')
<b>NOVICE B (Intermediate)</b>	Has reached the age of 13, but not reached the age of 15 at 1/09/ preceding the event	Girls and Boys: 2'50'' (+/- 10'')
<b>JUNIOR</b>	Has reached the age of 12 , but not reached the age of 19 at 01/09 / preceding the event	Girls and Boys: 3'20'' (+/- 10'')
<b>SENIOR</b>	Has reached the age of 15 at 1/09/ preceding the event	Girls and Boys: 3'50'' (+/- 10'')

### ADULT COMPETITIONS

<b>ADULTS SILVER A &amp; B</b>	
<b>Group A : Over 16 years and less 30years at 01/09 preceding the event</b>	Ladies and Men: 2'30'' (+/- 10'')
<b>Group B : Over 30 years and over at 01/09 preceding the event</b>	

The organizer decides on the disciplines and subgroups to be included in the event. The Member/Club entering skater(s)/team(s) will decide on the subgroup their athletes will participate.

## A SILVER Free Skating program must contain:

The required number of revolution in all spins is in basic position/required position(s)

### A- The Choreographic Sequence (ChSq)

An important choreographic and creative part of the program **started by a gliding element**,

Must cover the whole floor surface and **the end must be clearly visible**.

Listed elements from the scale of value are forbidden but any « look like » listed jumps of 1,5 rotation maximum or choreographic spins will not be called.

Evaluated by 5 levels of difficulty and GOE -5/+5

(No feature for level Base, 1for level 1, 2 for level 2, 3 for level 3, 4 for level 4)

a) Must include :

- Total length is a **minimum** of Fifteen (15) seconds for all categories,
- A minimum of **Two (2)** \*Different Gliding Positions (any kind) hold a minimum of Three (3) seconds each.
- One choreographic jump of 1,5 rotation maximum
- Linking choreographic skating elements

(\*Different means other position and/or foot and/or edge and/or direction)

Taken in consideration by the judges for the GOE :

- Strong choreography
- Match to the music
- Deep edges and speed
- Quality of the gliding positions, choreo jump(s) and 1 foot section.

### Choreographic Sequence Features

<b>1</b>	• <b>At least one of the two position is hold a minimum of six(6) seconds</b> and at least one of the two position is on One(1) foot.
<b>2</b>	• <b>Three(3) creative jumps</b> up to 1,5 rotation maximum (creative take off, air position or landing, ...) like but not limited to : forward axel, walley, split jump, butterfly, masurka, etc... Those jumps must be clearly visible (not a hop). At least one must be with different take off and one must be at least 1 full rotation (this can be made in the same jump),
<b>3</b>	• <b>No cross overs</b> : Gliding positions, choreo jump(s) and skating elements must not be connected through regular forward or backward crossovers (speed gained only through edges, any steps, turns listed or not). From the first Gliding position to the next listed element (conclude the ChSq) or, if the ChSq is the last element, until the end of the program (stop of skating). Only 1 cross over is permitted. * <u>Cross over definition</u> : basic stroking technique for gaining momentum while skating along a curve or a circle. In 3 parts as one push of the first foot, crossing that foot over the other one (forward skating) or behind the other one (backward skating) and the second push from the second foot with the legs crossed.

4	<ul style="list-style-type: none"> <li>• <b>One foot section</b> : one section executed on one(1) foot of a minimum of ½ rink surface (min. 15 meters length) in accordance to the music and conclude by a choreo jump. Any shape is allowed. Example : succession of deep edges with forward, backward and multi rotational skating with movements of the head, arms, torso, free leg, skating leg. Must be executed on the same leg with no weight transfer on the other foot.</li> </ul>
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## B- Requirements

**FORBIDDEN JUMPS/SPINS ARE NOT COUNTED (WITH AN \*) BUT BLOC THE JUMP/SPIN BOX AND A DEDUCTION OF -2 POINTS WILL BE APPLIED**

Categories	Contents
<b>CHICKS</b>  <b>1'50 (+/- 10")</b>	<b>SEE ELITE, but No double jumps allowed !</b>  The 3 Program Components are only judged in • Skating Skills      • Performance      • Interpretation The Factor of the Program Components is <b>1.2</b> <b>Deduction : 0,5 by Fall by Technical Panel</b>
<b>CUBS</b>  <b>2'20 (+/- 10")</b>	<b>SEE ELITE, but No double jumps allowed !</b>  The 3 Program Components are only judged in • Skating Skills      • Performance      • Interpretation The Factor of the Program Components is <b>1.2</b> <b>Deduction : 0,5 by Fall by Technical Panel</b>
<b>NOVICE A</b>  <b>2'20 (+/- 10")</b>	<b>SEE ELITE, but double jumps forbidden except 2S &amp; 2T .</b>  The 3 Program Components are only judged in • Skating Skills      • Performance      • Interpretation The Factor of the Program Components is <b>1.4</b> <b>Deduction : 0,5 by Fall by Technical Panel</b>
<b>NOVICE B</b>  <b>2'50 (+/- 10")</b>	<b>SEE ELITE, but double jumps forbidden except 2S &amp; 2T .</b>  The 3 Program Components are only judged in • Skating Skills      • Performance      • Interpretation The Factor of the Program Components is <b>1.4</b> <b>Deduction : 0,5 by Fall by Technical Panel</b>
<b>JUNIOR</b>  <b>3'20 (+/- 10")</b>  <b>Level 3 max</b>	<b>SEE ELITE, but double jumps forbidden except 2S &amp; 2T .</b>  The 3 Program Components are on judged in • Skating Skills • Performance • Interpretation The factors for the Program Components is 1.4 <b>Deduction : 1.0 by Fall by Technical Panel</b>
<b>SENIOR</b>  <b>3'50 (+/- 10")</b>  <b>Level 3 max</b>	<b>SEE ELITE, but double jumps forbidden except 2S, 2T &amp; 2Lo .</b>  The 3 Program Components are on judged in • Skating Skills • Performance • Interpretation The factors for the Program Components is 1.4 <b>Deduction : 1.0 by Fall by Technical Panel</b>
<b>ADULT Silver A/B</b>	a) There must be a maximum of <b>four(4) jump elements</b> . <b>Double jumps forbidden</b> . There may be up to two (2) jump combinations or sequences. Only one (1) Jump combination can contain <b>three (3) jumps</b> and the other Jump combination can contain only two (2) jumps. Δ Any jump cannot be executed more than twice in total Δ b) There must be a maximum of <b>two (2) spins on one foot</b> , 3 revolutions per foot.

<p><b>2'30 (+/- 10")</b></p> <p><b>Level 3 max</b></p>	<p>c) Maximum of <b>1 step sequence</b> fully utilizing the floor surface ;</p> <p>d) There must be :  - A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element is subject to levels.</p> <p>In all elements which are subject to Levels, only features up to <b>Level 3</b> will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The 3 Program Components are on judged in  • Skating Skills      • Transitions      • Performance  The factors for the Program Components is 1;4  <b>Deduction : 0,5 by Fall</b></p>
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**Prohibited elements (from TP):**

- o Any kind of Somersault – deduction (2.0)

**B- RECREATIONAL Division (3d Division)**

CATEGORIES	PROGRAM LENGHT
Benjamin <b>Has not reached the age of 7 at 01/ 09/ preceding the event</b>	fem and masc: 1'30 (+/- 10")
Debs <b>Has reached the age of 7, but not reached the age of 9 at 01/ 09/ preceding the event</b>	fem and masc: 1'45 (+/- 10")
Cadet <b>Has reached the age of 9, but not reached the age of 11 at 01/ 09/ preceding the event</b>	
Novice <b>Has reached the age of 11, but not reached the age of 13 at 01/09/ preceding the event</b>	fem and masc: 2'00 (+/- 10")
Junior <b>Has reached the age of 13, but not reached the age of 17 at 01/ 09/ preceding the event</b>	
Adult A <b>Has reached the age of 17 but not reached the age of 30 at 01/09/ preceding the event</b>	fem and masc: 1'30 (+/- 10")
Adult B <b>Has reached the age of 30 at 01/ 09/ preceding the event</b>	fem and masc: 1'30 (+/- 10")

**Halh jump will be called as single jumps plus the sign «V1» corresponding to a special point in the scale of value. No special deduction from the judges  
The gliding element will be called ChSqB for Recreational and Beginner.**

Time deduction 0,5 per 10 seconds time violation.  
Falls : 0,5 points

**BASE LEVEL MAX ONLY.  
FLYING ENTRY IN SPINS FORBIDDEN**

**FORBIDDEN JUMPS/SPINS ARE NOT COUNTED (WITH AN \*) BUT BLOC THE JUMP/SPIN BOX AND A DEDUCTION OF -2 POINTS WILL BE APPLIED**

THERE MUST BE A MAXIMUM OF :

CATEGORIES	PROGRAM LENGHT	
<b>Benjamin</b>	1'30 (+/- 10")	- 2 jump(s) blocs : only waltz jump, single salchow, single toe loop, single loop, half flip and half lutz are allowed. (No single axel)

		<p>One of them can be a jump combination of two(2) jumps max or sequence.</p> <ul style="list-style-type: none"> <li>- 1 <u>upright</u> spin on 1 foot : minimum 2 rotations</li> <li>- 1 step sequence of at least half rink</li> <li>- - At least One(1) gliding position held 3s.</li> </ul> <p>Level Base max</p>
<b>Debs</b>		
	1'45 (+/- 10")	<p>-2 jump blocs, <b>one(1)</b> of them can be a jump combination (of 2 jumps max) / sequence</p> <p>Only waltz jump, single salchow, single toe loop, single loop, half flip and half lutz are allowed. (No single axel)</p> <ul style="list-style-type: none"> <li>- 1 <u>upright</u> spin on 1 foot, minimum 2 rotations</li> <li>- 1 step sequence of at least half rink minimum</li> <li>- -At least Two(2) gliding skating positions in a row held 3s each. At least one must be on one(1) foot. No listed elements between.</li> </ul> <p>Level Base max</p>
<b>Cadet</b>		
	1'45 (+/- 10")	<p>-3 jump blocs, <b>one(1)</b> of them can be a jump combination (of 2 jumps max) / jump sequence.</p> <p><u>Single Lutz and Axel and double jumps prohibited.</u></p> <p><b>Only 1 jump can be repeated in combination or sequence.</b></p> <ul style="list-style-type: none"> <li>-1 spin (minimum 2 rotations)</li> <li>-1 step sequence (half rink minimum)</li> <li>-At least Two(2) gliding skating positions in a row held 3s each. At least one must be on one(1) foot. No listed elements between.</li> </ul> <p>Level Base max</p>
<b>Novice</b>		
	2'00 (+/- 10")	<p>-4 jump blocs, <b>two(2)</b> of them can be jump combinations (of 2 jumps max) / jump sequence</p> <p><u>Single Axel and double jumps prohibited.</u></p> <p><b>Only 1 jump can be repeated in combination or sequence</b></p> <ul style="list-style-type: none"> <li>-1 spin (minimum 2 rotations)</li> <li>-1 step sequence (half rink minimum)</li> <li>- At least Two(2) gliding skating positions in a row held 3s each. At least one must be on one(1) foot. No listed elements between.</li> </ul> <p>Level Base max</p>
<b>Junior</b>		
	2'00 (+/- 10")	<p>-4 jump blocs, <b>two(2)</b> of them can be jump combinations (of 2 jumps max) / jump sequence</p> <p><u>Single Axel and double jumps prohibited.</u></p> <p><b>Only 1 jump can be repeated in combination or sequence</b></p> <ul style="list-style-type: none"> <li>-2 spins (minimum 2 rotations)</li> <li>-1 step sequence (half rink minimum)</li> <li>- At least Two(2) gliding skating positions in a row held 3s each. At least one must be on one(1) foot. No listed elements between.</li> </ul> <p>Level Base max</p>
<b>Adult A &amp; B</b>		
	1'30 (+/- 10")	<p>-4 jump blocs</p> <p>only waltz jump, single salchow, single toe loop, single loop, half flip and half lutz are allowed. (No single axel.</p> <p>One of them can be a jump combination of two(2) jumps max or sequence.</p> <p>1 upright spin in 1 or 2 feet (minimum 2 rotations)</p> <ul style="list-style-type: none"> <li>-1 step sequence (half rink minimum)</li> <li>- At least Two(2) gliding skating positions in a row held 3s each. At least one must be on one(1) foot. No listed elements between.</li> </ul> <p>Level Base max</p>

**Prohibited elements:**

- o Any kind of Somersault – deduction (2.0)

**Any listed jump not fulfilling the requirement will be counted like an illegal element and therefore No Value plus a deduction of -2**

**Judgment of the RECREATIONAL Division (3d division)**

There must be at least 2 judges, one of them will take as well the Referee spot. At least 1 of them must be a WIFSA judge and officiate as Referee.

There must be at least 1 System Operator/Data, and 1 Controller in the technical panel.

- If there is no computer for the judges, judges sheets are collected after each skater and given to the accountant. The results are announced with a delay of 1 skater.

From technical panel :

- for Falls (0,5),
- wrong element not according to requirement (0,5),
- **illegal element (-2).**

The trimmed mean of each Program Component (rounded to two decimal places) will be made by the System Operator. The component score is multiplied by a **factor of 2,0**. The sum of the component score give the total score. The higher total score is placed first, ...

- **Skating Skills:** Balance, flow, power, glide, sureness, quality edges, steps, turns, control, multi directional one foot skating; variety, quality and **competency** of the program's content
- **Performance:** Ability to project physically, emotionally and intellectually, demonstrating a unified purpose. Delivery of quality, clarity and precision of movement, in harmony with the music.
- **Interpretation:** Ability to translate the understanding of the music, with finesse in the manipulation of the nuances, delivery with genuine feeling, expression, and interpretive unison.

**C- BEGINNERS Division (4<sup>th</sup> Division)**

**FORBIDDEN JUMPS/SPINS ARE NOT COUNTED (NO VALUE WITH AN \*) BUT BLOC THE JUMP/SPIN BOX AND A DEDUCTION OF -2 POINTS WILL BE APPLIED**

Level Base for all elements subject to levels

CATEGORIES	PROGRAM LENGHT	Program Content
Benjamin A <b>Has not reached the age of 7 at 01/11/</b> preceding the event	fem and masc: 1'00 (+/- 10")	<ul style="list-style-type: none"> <li>- <b>2 jumps</b> of ½ rotation maximum, no combination or sequence allowed (Waltz jump, half Flip, Half Lutz only)</li> <li>- 1 upright spins on 1 or 2 feet</li> <li>- 1 spiral position of 3 seconds minimum</li> </ul> <u>Any listed jump of more than 1/2 rotation will be counted like an illegal element and therefore No Value plus a deduction of -2 points.</u>
Benjamin B <b>Has not reached the age of 9 but has reach the age of 7 at 01/11/</b> preceding the event		
Cadet <b>Has reached the age of 9, but not reached the age of 12 at 01/11/</b> preceding the event	fem and masc: 1'30 (+/- 10")	<ul style="list-style-type: none"> <li>- <b>3 jumps</b> of ½ rotation maximum, no combination or sequence allowed (Waltz jump, half Flip, Half Lutz only)</li> <li>- 1 upright spins on 1 or 2 feet</li> <li>- 2 spiral position of 3 seconds minimum</li> </ul> <u>Any listed jump of more than 1/2 rotation will be counted like an illegal element and therefore No Value plus a deduction of -2 points.</u>
Junior <b>Has reached the age of 12, but not reached the age of 15 at 01/ 11/</b> preceding the event	fem and masc: 1'30 (+/- 10")	<ul style="list-style-type: none"> <li>- <b>3 jumps</b> : Maximum Single salshw, single toe and half jumps are allowed</li> <li>- Only upright spins are allowed on 1 or 2 feet</li> <li>- 2 spiral position of 3 seconds minimum</li> </ul> <u>Any listed jump not fullfilling the requirement will be counted like an illegal element and therefore No Value plus a deduction of -2</u>
Senior <b>Has reached the age of 15, but not reached the age of 21 at 01/11/</b> preceding the event	fem and masc: 1'30 (+/- 10")	

Adult A <b>Has reached the age of 21 at 01/ 11/</b> preceding the event but not 30.	fem and masc: 1'15 (+/- 10")	<ul style="list-style-type: none"> <li>- <b>2 jumps</b> of ½ rotation maximum, no combination or sequence allowed (Waltz jump, half Flip, Half Lutz only)</li> <li>- 1 upright spins on 1 or 2 feet</li> <li>- 1 spiral position of 3 seconds minimum</li> </ul> <p><u>Any listed jump of more than 1/2 rotation will be counted like an illegal element and therefore No Value plus a deduction of -2 points.</u></p>
Adult B <b>Has reached the age of 30 at 01/ 11/</b> preceding the event		

**Prohibited elements:**

- o Any kind of Somersault – deduction (2.0)

**Judgment of the BEGINERS Division**

There must be at least 2 judges.

- All categories will be judged using 3 component scores only (0-10), Skating Skills, Performance and Interpretation.
- The trimmed mean of each Program Component (rounded to two decimal places) will be made by the system operator. The component score is multiplied by a **factor of 2,5**. The sum of the component score give the total score. The higher total score is placed first, ...
- The TP validate the deductions :
  - Falls, timing, music is 0,5 point each,
  - Illegal element -2 points point.
- **Skating Skills:** Balance, flow, power, glide, sureness, quality edges, steps, turns, control, multi directional one foot skating; variety, quality and **competency** of the program's content
- **Performance:** Ability to project physically, emotionally and intellectually, demonstrating a unified purpose. Delivery of quality, clarity and precision of movement, in harmony with the music.
- **Interpretation:** Ability to translate the understanding of the music, with finesse in the manipulation of the nuances, delivery with genuine feeling, expression, and interpretive unison.

Le Président  
Fernand Fédronic

